MINUTES

Opioid Crisis Task Force

Date: February 2, 2017

Members Present: Amy Moore, Beth Weidman, Carrie Priest, Danielle Juaire, Doreen Thornburg, Marie Graves

Absent: Robert Giannette, Anne Parkinson

Meeting called to order at 6:05pm.

Completed work on the 10 requirements, and in particular, Requirements 8, 9, and 10 to determine expectations, goals, accomplishments, and new ideas for the task force. Doreen will update these requirements and send a copy to all force members.

Requirements

- 8.) Create Prevention Curriculum and Education Programs
 - -will request and obtain a copy of the Youth Health Survey Marie to send a copy to Doreen, Doreen to forward to committee members.
 - -will review with Safety Officer Doreen to invite Nicole Oliveri to our meeting on March 1st Discussion: Discuss with Nicole what is currently going on in the schools- what is she seeing as issues with drugs, what prevention programs are in place, and analyze the health survey to determine what issues exist for Millbury and what evidence-based programs make most sense for our community.

 <u>Goal:</u> to offer guidance and input to the school department and other pertinent departments and groups that will lead to outcomes of prevention and to provide evidence-based recommendations.
- 9.) Provide First Responders with Narcan

-Goal: to continue to support the Narcan program for police, fire, EMT and school departments and to provide resource packets for distribution at the time of incidence and for community need.

Discussion:

- Possibility of partnering with local Millbury doctor's offices and dentist offices to provide our resources and work with them safe and better prescription writing. Scope of Pain training by Dr. Potee has adapted this program for dentists.
- MATP -Medicated Assisted Treatment Programs Dr. Maddie Castell a good speaker from Worcester area. – Might be helpful for the public to learn more about these programs with the Methadone clinic coming into town.
- Another topic to talk about is the topic of Exploitation of young women. What clues parents can look
 for that girls are being controlled by men and forced to have sex with them to obtain their drugs.
 Happens in all towns and easy to hide. Women in detox can and are sometimes recruited for this
 exploitation. Sometimes men have children with girls to have more control over them.
- 10.) Create Safe Deposit Sites for discarding prescription drugs and used needles.

Goal: To advocate, advertise, and promote the police department disposal program.

- -Publish in all print materials, publicize quarterly on Face Book Page, web site, at events.
- Determine if any additional sites currently exist within the town. Determine if Senior Center or other

town departments have these disposal sites available and check with the Board of Health.

-Possibile to obtain Red Sharps containers for free if we feel more disposal sites are needed for the town. Disposal process/procedures need to be followed strictly.

Updates:

<u>Amy:</u> -will attend the RRAP (Regional Response for Addiction Partnerships) meeting with Marie on February 22nd from 12-2pm at the DPH, 25 Meade Street, Worcester.

- -CHIP (Community Health Improvement Plan) need to take a look at our own community's plan to assess our needs and strategize according to needs.
- -Rhodes to Recovery part of SMOC Amy will schedule a visit there with Marie. They have asked to attend some of our meetings.
- -Karen Hewett is Director of Outpatient Clinic for Milford Spectrum clinic and will be the Director for Millbury as well. Karen might be interested to join our task force.
- -updates to Face Book are on going.

Beth: -flyers were picked up from Staples (thank you Staples)

- -Richie Hamilton is eager to assist our task force in any way he can.
- -Kerry Boyd, co-worker with Beth would like to attend our next meeting.- have a facility in Westminister we might want to use for events or such.
- -received a box of supplies ordered for free.
- -Comprised a list of areas within town to distribute information to include:

Sutton/Millbury Police Departments

Sutton and Millbury Public Libraries

Sutton Public and Millbury District Schools

Councils on Aging

Town Halls

Center Store in Sutton

Liquor Stores

Pizza Chef and Tony's Pizza

Doctor and Dentist Offices in both towns

Girls Scouts and Boy Scouts Troops in each town

Businesses

-Saint Vincent Hospital has a Coping Skills program that is working well; it runs 9-3pm; accepts Mass Health.

Carrie: -will contact Jayne Davolio to inquire when she will be voted in as a task force member.

-contacted Youth Commission, has not yet heard back from them

Doreen: -will connect with Greg Meyers

-prepared and shared the Mission Statement and Methadone Statement with group

-suggested we rename the S.T.A.R. Tree to the P.E.A.R. Tree -Prevention, Education, Awareness, and Recovery or Resources(?). Prevention, education, awareness, and recovery are the four main focus areas the MMA suggests/recommends the task force work on. Doreen also thought that a pear could be our logo.

Marie: - April is Alcohol Awareness Month

- -May is Mental Health Month
- -September is Recovery Month
- -suggests we may want to plan events around these designated months.

Next meeting is February 16th, at 6pm in Room A103 at Millbury High School – will work on creating a Recovery Road Map. Possibly get examples from parents how they got help and what worked, what didn't work. Can call state help line and ask where to find a road map.

Meeting adjourned at 7:30pm.

Amy George
Beth Weidman
Brian Ashmankas
Danielle Juaire
Doreen Thornburg
Robert Giannette
Carrie Priest